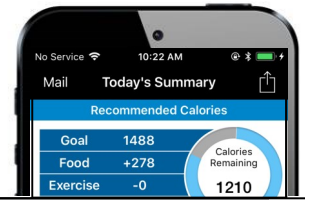




# DietMaster WebMed Meal Template Collections RD Designed and Doctor Contributed



WebMed includes over 5000 days of meal plans. Important: DietMaster WebMed also includes all meal plan templates from the WebLite collections

## Advanced Medical Series Plans

Alkaline Cancer (40c/30p/30f)  
Alzheimer's (30c/35p/35f)  
Anemia (30c/40p/30f)  
Anti-Inflammatory (40c/30p/30f)  
Arthritis and Diabetes (35c/30p/35f)  
Arthritis and Heart Disease (40c/30p/30f)  
Asthma (25c/45p/30f)  
Behavioral Disorders (25c/45p/30f)  
Cancer and Heart Disease (45c/20p/35f)  
Chronic Kidney Disease (60c/15p/25f)  
Celiac Disease (40c/30p/30f)  
Cirrhosis (50c/30p/20f)  
Congestive Artery Disease (40c/30p/30f)  
Congestive Heart Disease (40c/30p/30f)  
COPD (40c/30p/30f)  
Crohn's Disease (50c/30p/20f)  
Cystic Fibrosis (50c/30p/20f)  
Depression (35c/30p/35f)  
Diabetes (25c/50p/25f)  
Diabetes and High Cholesterol (25c/50p/25f)  
Diabetes and Hypertension (25c/50p/25f)  
Eczema (40c/30p/30f)  
Epilepsy (25c/35p/40f)  
GERD (30c/50p/20f)  
Gout (30c/50p/20f)  
Hepatitis (30c/50p/20f)  
High Cholesterol (30c/40p/30f)  
Hormone Balance (30c/40p/30f)  
Hypertension (25c/50p/25f)  
Irritable Bowel Syndrome-IBS (30c/40p/30f)  
Multiple Sclerosis (30c/40p/30f)  
Obesity and Diabetes (30c/40p/30f)  
Osteomalacia (25c/45p/30f)  
Osteoporosis (25c/45p/30f)  
Pancreatic (30c/50p/20f)  
Psoriasis (30c/40p/30f)  
Rheumatic Heart Disease (30c/40p/30f)  
Rheumatoid Arthritis (30c/40p/30f)  
Rickets (25c/45p/30f)  
Sarcopenia (40c/30p/30f)  
Stroke (30c/40p/30f)

Ulcerative Colitis (30c/50p/20f)  
Gluten Free - (55c/25p/20f)  
Kosher - (55c/25p/20f)

## Bariatric VLCD Series (very low calorie)

Low Glycemic - (50c/25p/25f) 700 to 1300 cal.  
Low Carb - (40c/30p/30f) 700 to 1300 cal.  
Stable Blood Sugar - (60c/20p/20f) 700 to 1300

## Bariatric Post Surgery Transition Series

Stage 1 Template - Liquids Only  
Stage 2 Template - Puree Foods  
Stage 3 Template - Soft Foods  
Stage 4 Template - Maintenance